

Course Outline for: NURS 1120 Health Promotion Clinical 2**A. Course Description**

1. Number of credits: 3
2. Lab hours per week: 2
Clinical hours per week: 6
3. Prerequisites: NURS 1000 Role of the Professional Nurse
NURS 1050 Foundations of Health Assessment
NURS 1070 Foundations of Health Assessment Clinical 1; OR
NURS 1020 Transition to the Role of the Professional Nurse
BIOL 2042 Human Physiology
BIOL 2044 Introductory Microbiology
4. Corequisites: NURS 1100 Health Promotion
NURS 1150 Parent Child Nursing
NURS 1160 Parent Child Nursing Clinical 3
5. MnTC Goals: None

This course focuses on experiential learning that enables the student to apply holistic health care practices including education of self-care management. The student will incorporate communication techniques giving and receiving feedback about performance and use reflective thinking about their practice. The student will apply physiological and psychosocial concepts within the framework of the nursing process assisting in the development of clinical judgment. Students will apply research evidence to guide safe preventative care. Populations studied will include adults and older adults.

B. Date last reviewed/updated: November 2023**C. Outline of Major Content Areas**

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Clinical Judgment
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Collaboration
 - iii. Informatics
 - iv. Care Coordination
2. Physiological Integrity
 - A. Regulation
 - i. Fluid & Electrolyte Balance
 - ii. Thermoregulation
 - iii. Cellular Regulation/Genetics
 - ii. Intracranial Regulation
 - iii. Metabolism
 - iv. Nutrition

- v. Elimination
- vi. Oxygenation
- vii. Perfusion
- B. Protection and Movement
 - i. Immunity
 - ii. Inflammation
 - iii. Infection
 - iv. Tissue Integrity
 - v. Sensory Perception
 - vi. Comfort
 - vii. Mobility
 - viii. Rest
- 3. Psychosocial Integrity
 - A. Psychosocial Homeostasis
 - i. Cognitive Function
 - ii. Coping/Stress/Adaptation
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Demonstrate the professional standards of moral, ethical, and legal conduct.
2. Utilize effective interprofessional communication techniques within a multidisciplinary healthcare team.
3. Perform and document holistic health surveys and wellness assessments to identify risks, self-care management, and learning needs.
4. Apply credible, evidence-based sources of information to guide preventative care solutions, actions, documentation, and evaluation of care.
5. Provide education for individuals regarding health promotion, illness prevention, and/or illness management.
6. Demonstrate the application of knowledge, psychomotor skills, and attitudes for safe medication administration.

E. Methods for Assessing Student Learning

Experiential clinical evaluation tool will be used in the clinical settings to evaluate the successful completion of core competencies. Rubrics will be used for formative and summative evaluations in the on-campus laboratory/simulation for the evaluation of course outcomes. Successful completion of each part of this course is necessary to progress to next semester. However, unsafe clinical performance or failure to meet clinical/lab/simulation student learning outcomes may result in failure of the course.

Part 1– Dosage Calculation Exam – Must be passed at 90% within three attempts.

Part 2– Clinical/lab/simulation: Students must achieve a 78% or greater and demonstrate safe practice.

- i. Direct Focused Care/Clinical Performance: Pass/Fail. Students must pass all clinical outcomes and skills in order to progress to the subsequent semester (see clinical performance evaluation).

- ii. Concept-based Experiences: Pass/Fail. Includes learning activities and integrative experiences.
- iii. Case-based Activities: Lab/Simulation and Case Studies.
- iv. Intervention Skill-based Activities: Met/Unmet (instructor validation of skill performance).

F. Special Information

Refer to nursing student handbook for additional details.